
Today our acknowledgement of country and group time will be run by our Nursery room. This will be posted on story park by 10am.

Activity - Playdoh

Playdoh is a very common activity for childcare as it plays a vital role in children's learning and development.

Playdoh helps to strengthen fingers, hands and wrists, it helps children gain control over their hand and arm movements with improves their coordination. It also helps children develop fine motors skills which will help to foster them completely daily tasks. Playdoh helps to build your child's imagination; it can be used as anything and with anything!

Recipe

2 cups of plain flour
1 cup of salt
4 tbs of cream of tartar
2 tbs of cooking oil
2 cups of hot water
Your choice of food colouring

Method

Mix all dry ingredients together and combine well. Mix all liquids together and stir. Mix together wet and dry ingredients until a thick dough form. You may need to add additional flour if it is too sticky.

You can add glitter, essential oils, sticks and other resources around your house to make it more exciting! You can also use cooking utensils, animals, cookie cutters & stones for the children to explore the playdoh with.



Song of the day Going on a lion hunt

https://www.youtube.com/watch?v=_9gZ9x0cgQA

Today our acknowledgement of country and group time will be run by our Toddler room. This will be posted on story park by 10am.

Activity – Shadow drawings

Shadow drawing can be used to help children develop their fine motor skills, coordination and cognitive development.

The children will be able learn these through pencil or texta grip, tracing or colouring the shadow and cognising the different shadows.

What you need

Paper
Pencils or Texta
Something to create a shadow
- Animals
- Blocks
- Soft toys
You can be as creative as you like!

Method

Set up your paper and what your creating a shadow with, in your outdoor environment. You will need to position the paper and shadow item in line with the sunshine, so it creates a shadow on the table. Prompt the children to trace or colour in the shadow and see if they can create their own version

This is a great activity you can do in your outdoor environment at home, but it can also be done inside with a lamp if the weather does not permit outdoor play.



Song of the day Slippery Fish

https://www.youtube.com/watch?v=Y_k45_eyJVG0

Today our acknowledgement of country and group time will be run by our Pre-Kinder room. This will be posted on story park by 10am.

Activity - Cloud paint

Painting is such a fun activity for all ages for children, what is better about cloud paint is you get to make your own paint! The children will be able to assist you in making the paint. This will assist them in developing their hand eye coordination, build muscle in their hands to aid in fine motor skills, helps gain skills on trivial focus, it can also help children progress and discover their creativity. Painting can assist children in developing decision-making skills as they use different colours on their painting.

What you need

$\frac{3}{4}$ cup of shaving cream
 $\frac{1}{4}$ cup of white glue (PVA)
 $\frac{1}{4}$ cup of flour
Food colouring
Cardboard
Squeezy bottle or ziplock bag (you will need to cut a small hole in the corner of the bag so the paint can be squeezed out) Alternately you can use a traditional paint brush.

Method

Mix all ingredients together. If you would like multiple colours, separate the mixture into bowls before adding food colouring. Once created, place in squeezy bottle or ziplock bag.

This is a great activity you can do in your outdoor environment at home, but it can also be done inside with a lamp if the weather does not permit outdoor play.



Today our acknowledgement of country and group time will be run by our Kinder room. This will be posted on story park by 10am.

Activity - Yoga

Children can benefit a lot from yoga. It can help enhance their flexibility, strength, coordination and body awareness. It can also help with their concentration, sense of calmness and improves their relaxation.



<https://www.youtube.com/watch?v=4ZpkRACgws4>

You can practice yoga with your children, it would be beneficial if you could do this in your outdoor environment also, to help connect with nature.



Links to EYLF:
Outcome 1.1,
1.3, 3.2

Song of the day ••••• Shape song

<https://www.youtube.com/watch?v=WTeqUejf3D0>

Today our acknowledgement of country and group time will be run by our Nursery room. This will be posted on story park by 10am.

Activity - Chia Seeds

Sensory play stimulates your child's sense of touch, smell, taste, movement, balance, sight and hearing. Sensory play guides children's exploration and helps develop a wide range of skills and brain development.

What you need

Chia seeds
Water
Sensory tray or large container
Food colouring
Kitchen utensils (for play)

Method

Mix 2-3 tablespoons on chia seeds with two cups of water, stir through and refrigerate overnight. If using food colouring, add it to water. If super runny, strain excess liquid out with a fine strainer.
Transfer into sensory tray and add equipment to play with.

It is a good idea to introduce the new toys into the sensory play after that have had a turn with it, this will keep them engaged for a longer period!



Song of the day 5 Cheeky Monkeys

<https://www.youtube.com/watch?v=t2jnqUyxck0>